Various processes can lead to the emission of meteoroids and micrometeoroids from asteroids to interplanetary space. These can include impact-ejecta processes from meteoroid bombardment, collisions between asteroids, rotational instability, sublimation-driven comet-like activity, thermal fracturing, and electrostatic forces. This talk will review the different processes and try to estimate their relative contributions to the production of meteoroids from asteroids, and present examples from recent research.